

# Does disaggregated electricity feedback reduce domestic electricity consumption? *A systematic review of the literature*

Jack Kelly  
jack.kelly@imperial.ac.uk





Background video by [Incredible Arctic](#) / shutterstock

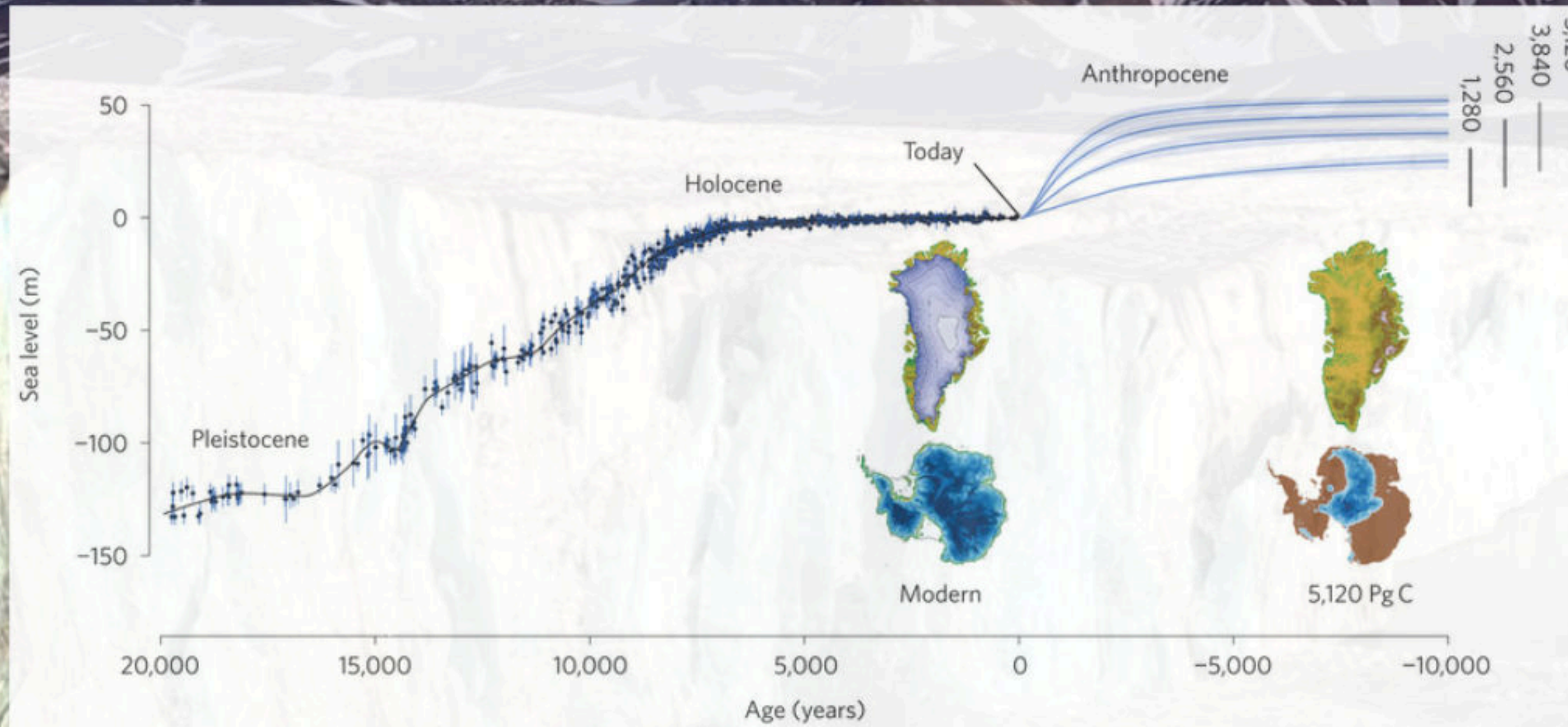




Background video by [Incredible Arctic](#) / shutterstock



# Past and future changes in global mean sea level



Clark et al., *Consequences of twenty-first-century policy for multi-millennial climate and sea-level change*, *Nature Climate Change*, 2016

Background video by [Incredible Arctic](#) / shutterstock



**Evidence that NILM can help save energy...**



**Evidence that NILM can help save energy...**



1) People *want* disaggregated energy data



## 2) Behaviour affects energy consumption



## 2) Behaviour affects energy consumption

modifying behaviour → reduce energy consumption



3) People are bad at estimating  
the energy consumption of their appliances



**3) People are bad at estimating  
the energy consumption of their appliances**  
→ Fix the 'information deficit' then users can  
operate as rational 'resource managers'



**3) People are bad at estimating  
the energy consumption of their appliances**

→ Fix the 'information deficit' then users can  
operate as rational 'resource managers'

*(I'm now sceptical of this idea)*



4) Multiple studies *report* that disaggregated feedback reduces energy consumption



## 5) Smart meters









**'NILM**



iis

dead!!'



‘NILM is dead!’

# Systematic reviews

Background image from [UCSF](#)



# Systematic reviews

- Common in medicine, social sciences etc.
- Distinct from 'narrative' reviews
- Aim to collect *all* papers matching a defined search criteria
- Quantitative summary of each paper and biases
- Quantitative synthesis of all results

Background image from [UCSF](#)



# Literature search

1. Three search engines: Google Scholar, the ACM Digital Library and IEEE Xplore
2. Search terms:
  - ‘disaggregated AND [energy|electricity] AND feedback’
  - ‘N[I|A|IA]LM AND feedback’
3. Searched papers’ bibliographies
4. Sent draft literature review to authors for comments



# The studies

12 groups of studies identified

Study	Feedback presentation	Num. houses in disag. group	Num. houses in study	Num. disaggregation categories	Duration (months of disag)	Reduction in electricity use <sup>U</sup> (%)	Reduction is for whole house?	Sample period of meter	Feedback delay	Timing: Historic or Concurrent?	Time frames for historic <sup>T</sup>	Recommendations given? <sup>R</sup>	Control group?	Controlled for Hawthorne?	Volunteer bias? <sup>V</sup>	Controlled for weather?
“RECS” [23]	dedicated computer	25	100	$\sim 8$	2	12.9	✓	0.6 sec	0	H&C	HDM	✗	✓	✓	L	✓
McCalley & Midden 2002 [24]	Virt. wash. machine	25	100	1	-	0.0	✗	-	0	H&C	-	G	✓	✓	L	-
Wood & Newborough ’03 [25]; Mansouri & Newborough ’99 [26]	LCD by cooker	10	44	1	$\geq 2$	12.2	✗	15 sec	0	C	-	✗	✓	✓	L	✓
“ECOIS-I” [27], [28]	Dedicated laptop	8	8	16	2	9	✓	30 min	next day	H	D, 10D	P	✗	✗	H#	✓
“ECOIS-II” [28]–[30]	Dedicated laptop	10	19	16	3	18	✓	30 min	next day	H	D, 10D	P	✓	✓	H#	✓
“EnergyLife” trial 1 [31]–[33]	iPhone	13	13	7	3	5	✓	?	1-2 min	H&C	D	P	✗#	✗#	H#	✗#
“EnergyLife” trial 2 [34]	iPhone	4	4	7	4	38	✗	?	1-2 min	H&C	D	P	✗	✗#	H#	✗#
Home Energy Analytics [15], [16], [20], [21]	Web & email & home visits	1623	1623	5	$\leq 44$	6.1	✓	hourly	0	H	Y	P	✗	✗	L	✓
Bidgely 2013 [35], [36]	Web, mobile, email	163	328	$\geq 3?$	-	6	✓	30 sec & 1 hr	0	H&C	DBY	P	✓	✗	H	✓
PG&E Pilot 2014 [17], [22]	Web, mobile, email	844	1685	$\geq 3?$	3	2.1	✓	30 sec	0	H&C	DBY	P	✓	✗	H	✓
Schwartz et al. 2014 [14]	Web, mob, TV	6	6	$\sim 10$	18	7.8	✓	?	0?	H&C	?	?	✗	✗	H	✗
Sokoloski 2015 [37]	Web, mob, email	12	70	$\geq 3?$	0.75	3	✓	30 sec	0	H&C	DBY	P	✓	✗	L	✓



# Research questions

**Q1. Can disaggregated electricity feedback enable 'energy enthusiasts' to save energy?**



## Q1. Can disaggregated electricity feedback enable 'energy enthusiasts' to save energy?

- Very likely...
- Weighted-mean energy reduction = 4.5%
- *A lot* of uncertainty...

# Biases



# The Hawthorne Effect

# The Hawthorne Effect

- Hawthorne effect is illustrated by [Schwartz et al. 2013](#):



# The Hawthorne Effect

- Hawthorne effect is illustrated by [Schwartz et al. 2013](#):
  - Randomised controlled trial

# The Hawthorne Effect

- Hawthorne effect is illustrated by [Schwartz et al. 2013](#):
  - Randomised controlled trial
  - 6,350 participants split into 2 groups: control & treatment

# The Hawthorne Effect

- Hawthorne effect is illustrated by [Schwartz et al. 2013](#):
  - Randomised controlled trial
  - 6,350 participants split into 2 groups: control & treatment
  - Treatment received weekly postcard saying: *'You have been selected to be part of a one-month study of how much electricity you use in your home... No action is needed on your part. We will send you a weekly reminder postcard about the study...'*



# The Hawthorne Effect

- Hawthorne effect is illustrated by [Schwartz et al. 2013](#):
  - Randomised controlled trial
  - 6,350 participants split into 2 groups: control & treatment
  - Treatment received weekly postcard saying: *'You have been selected to be part of a one-month study of how much electricity you use in your home... No action is needed on your part. We will send you a weekly reminder postcard about the study...'*
  - Treatment group reduced energy consumption by 2.7%!

# The Hawthorne Effect

- Hawthorne effect is illustrated by [Schwartz et al. 2013](#):
  - Randomised controlled trial
  - 6,350 participants split into 2 groups: control & treatment
  - Treatment received weekly postcard saying: *'You have been selected to be part of a one-month study of how much electricity you use in your home... No action is needed on your part. We will send you a weekly reminder postcard about the study...'*
  - Treatment group reduced energy consumption by 2.7%!
- Failure to control for Hawthorne very likely to be strong positive bias



# The Hawthorne Effect

- Hawthorne effect is illustrated by [Schwartz et al. 2013](#):
  - Randomised controlled trial
  - 6,350 participants split into 2 groups: control & treatment
  - Treatment received weekly postcard saying: *'You have been selected to be part of a one-month study of how much electricity you use in your home... No action is needed on your part. We will send you a weekly reminder postcard about the study...'*
  - Treatment group reduced energy consumption by 2.7%!
- Failure to control for Hawthorne very likely to be strong positive bias
- 8 studies did not control for Hawthorne



# Other biases

# Other biases

- 6 studies used attention-grabbing displays
- Home-visits
- 10 studies were short (4 months or less)
- Cherry-picking statistical analyses and comparison periods?
- 8 studies used sub-metered data, hence avoiding mistrust from participants
- Publication bias?

Q2. How much energy would the *whole* population save?



## Q2. How much energy would the *whole* population save?

- All 12 studies suffer from 'opt-in' bias

## Q2. How much energy would the *whole* population save?

- All 12 studies suffer from 'opt-in' bias
- Subjects self-selected hence are probably more interested in energy than the average person

## Q2. How much energy would the *whole* population save?

- All 12 studies suffer from 'opt-in' bias
- Subjects self-selected hence are probably more interested in energy than the average person
- Very likely to be a strong positive bias



### Q3. Aggregate versus disaggregated feedback

### Q3. Aggregate versus disaggregated feedback

- 4 of the 12 studies directly compared disaggregated against aggregate feedback

### Q3. Aggregate versus disaggregated feedback

- 4 of the 12 studies directly compared disaggregated against aggregate feedback
  - 3 studies found aggregate to be *more* effective



### Q3. Aggregate versus disaggregated feedback

- 4 of the 12 studies directly compared disaggregated against aggregate feedback
  - 3 studies found aggregate to be *more* effective
  - 1 study found aggregate to be *equally* effective

### Q3. Aggregate versus disaggregated feedback

- 4 of the 12 studies directly compared disaggregated against aggregate feedback
  - 3 studies found aggregate to be *more* effective
  - 1 study found aggregate to be *equally* effective
  - 2 field trials & 2 lab experiments

**The 2 field trials...**



**Sokoloski 2015**

# Sokoloski 2015

- Randomised controlled trial

# Sokoloski 2015

- Randomised controlled trial
- 70 households recruited in California



# Sokoloski 2015

- Randomised controlled trial
- 70 households recruited in California
- 3 weeks

# Sokoloski 2015

- Randomised controlled trial
- 70 households recruited in California
- 3 weeks
- Rebecca Sokoloski, Disaggregated Electricity Consumption: Using Appliance-Specific Feedback to Promote Energy Conservation, M.A. thesis in Psychology, *California State University San Marcos*, 2015

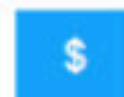
24 HR

BILLING CYCLE

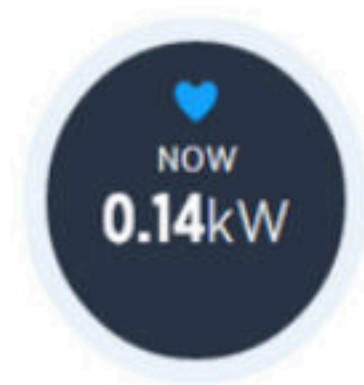
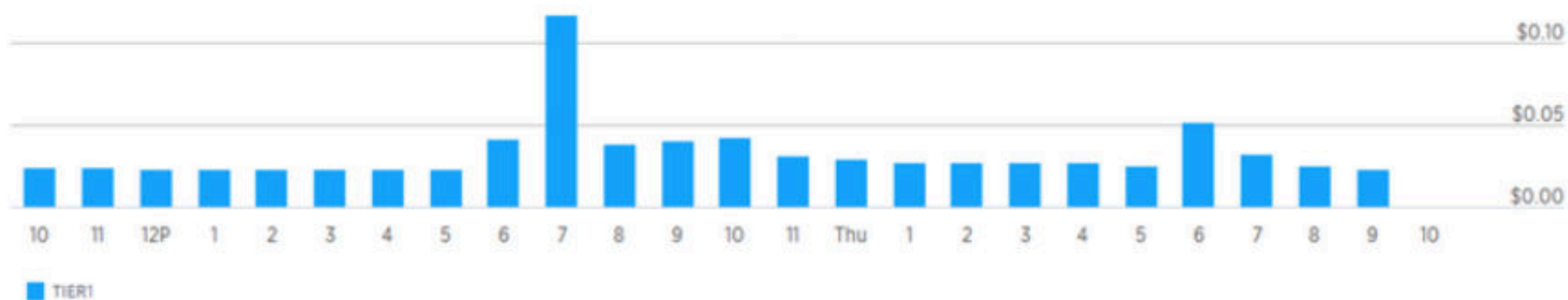
YEAR



THU SEP 4, 2014



You spent **\$0.80** on Whole House


**WHOLE HOUSE**
**\$0.80**

**REFRIGERATION**
**\$0.24**

**ALWAYS ON**
**\$0.17**

**OTHERS**
**\$0.39**
**Bidgely Detective BETA**


How much are your appliances costing you each month?

[Find out yourself](#)

## Whole House usage details

ENERGY RATE

**\$0.16**/kWh  
YOUR CURRENT RATE

TIERS

**1**

\$0.16

COST PROJECTIONS

**\$26**  
ESTIMATED BILL

CURRENT VS. PROJECTION

**\$5**
**\$26**

25 days left



24 HR

BILLING CYCLE

YEAR



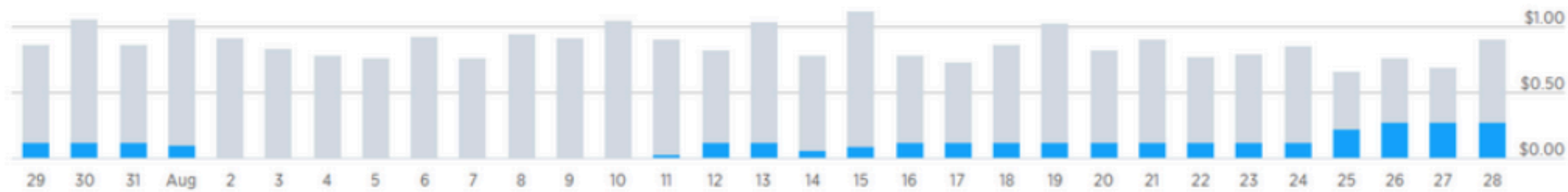
JUL 29 - AUG 28 2014



\$



You spent **\$3.01** on Refrigeration



🏠	WHOLE HOUSE	\$ 27.03
🔄	ALWAYS ON	\$ 5.27
📄	REFRIGERATION	\$ 3.01
🔄	OTHERS	\$ 18.76

## Refrigeration usage details

**11%**

OF WHOLE HOUSE



**Bidgely Detective** *BETA*



How much are your appliances costing you each month?

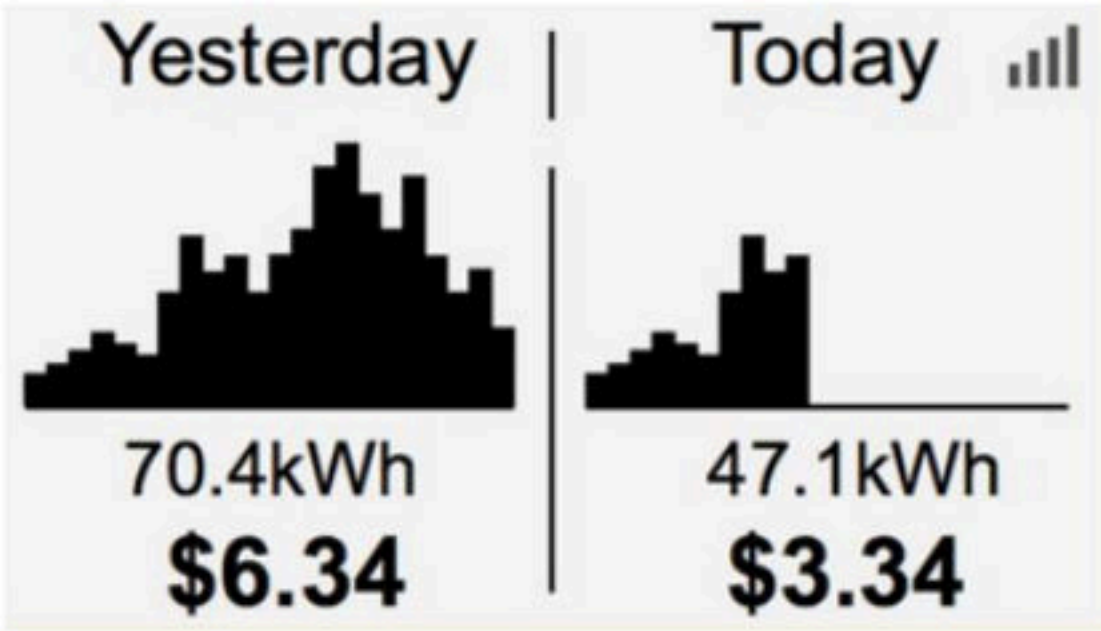
Find out yourself

## YOUR REFRIGERATION COMPARED TO SIMILAR

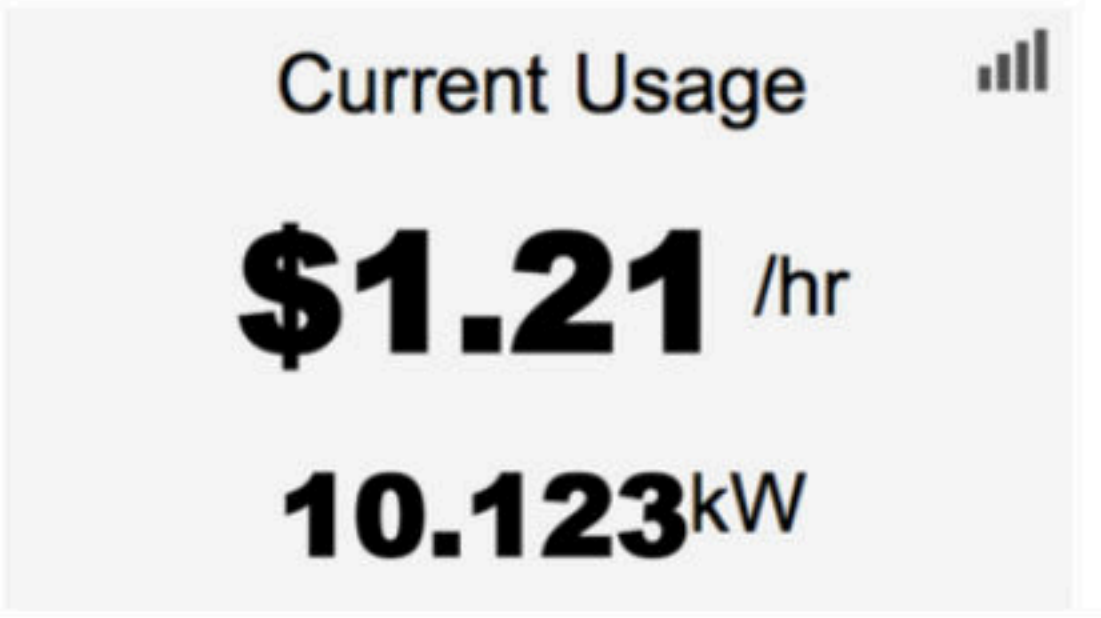




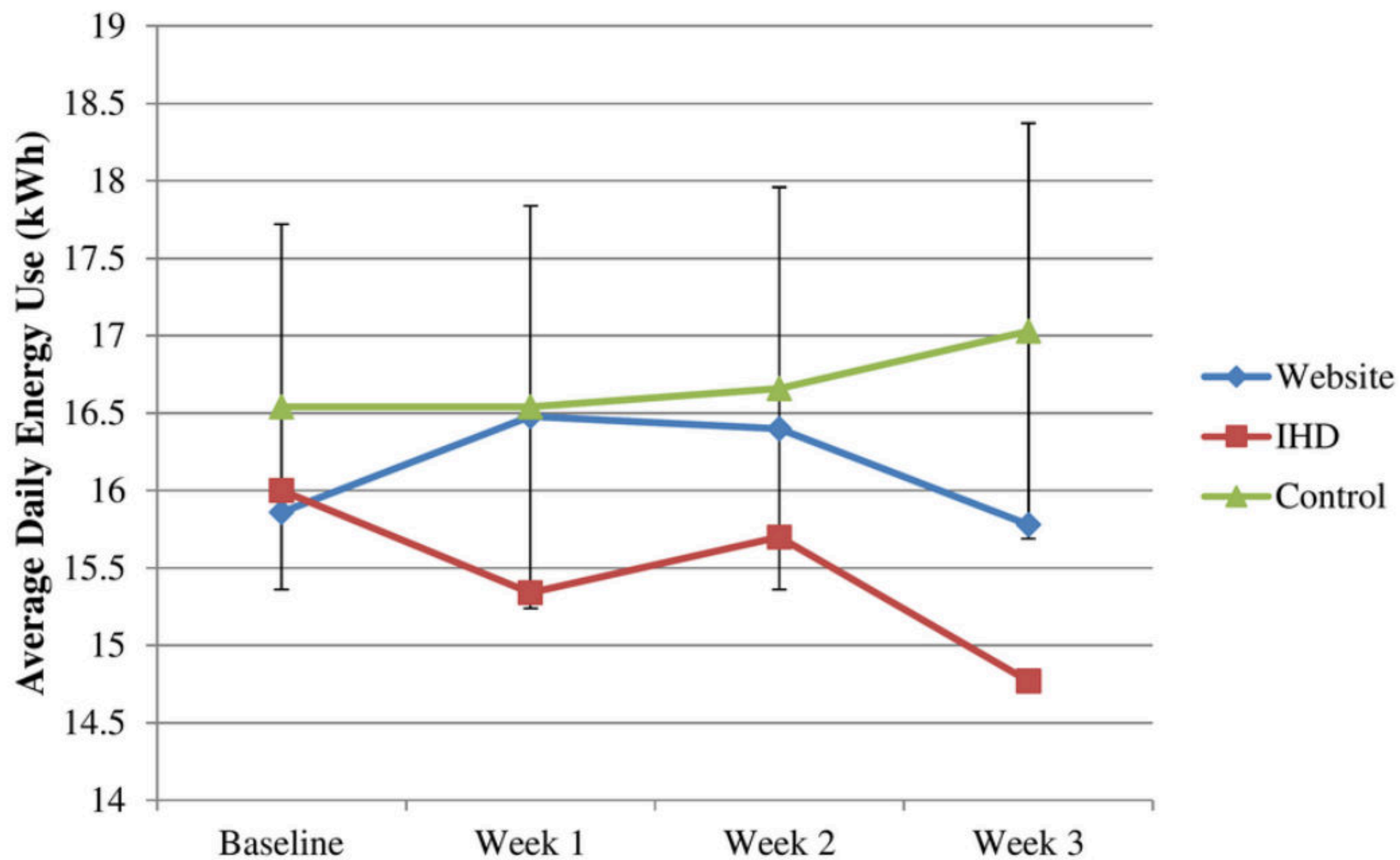
Appendix E.1: Day by Day Comparisons



Appendix E.2: Energy use in real-time



# Sokoloski's results





## Sokoloski's results

Energy reductions:

- IHD: 8.1% (statistically significant)
- Disaggregation: 0.5%
- Control: -2.5%

# Sokoloski's results

Findings from surveys:

## Sokoloski's results

Findings from surveys:

- Follow-up survey revealed that the disag group were *not* significantly more likely to be willing to replace large, inefficient appliances compared to controls or IHD group.



# Sokoloski's results

Findings from surveys:

- Follow-up survey revealed that the disag group were *not* significantly more likely to be willing to replace large, inefficient appliances compared to controls or IHD group.
- Neither controls nor the disag group significantly increased their perception of control (initial survey versus follow-up).

# Sokoloski's results

Findings from surveys:

- Follow-up survey revealed that the disag group were *not* significantly more likely to be willing to replace large, inefficient appliances compared to controls or IHD group.
- Neither controls nor the disag group significantly increased their perception of control (initial survey versus follow-up).
- IHD group *did* increase their perception of control.

# Sokoloski's results

Findings from surveys:



# Sokoloski's results

Findings from surveys:

- Users viewed their devices:
  - 0.86 times per day for disag users
  - 8.16 times per day for IHD users

**PG&E 2014 trial**

## PG&E 2014 trial

- 1,685 PG&E customers



## PG&E 2014 trial

- 1,685 PG&E customers
- 3 months

## PG&E 2014 trial

- 1,685 PG&E customers
- 3 months
- Half got IHD & half got Bidgely

## PG&E 2014 trial

- 1,685 PG&E customers
- 3 months
- Half got IHD & half got Bidgely
- Users choose intervention

## PG&E 2014 trial

- 1,685 PG&E customers
- 3 months
- Half got IHD & half got Bidgey
- Users choose intervention
- Did not tease apart consumption of IHD vs Bidgey



## PG&E 2014 trial

- 1,685 PG&E customers
- 3 months
- Half got IHD & half got Biddely
- Users choose intervention
- Did not tease apart consumption of IHD vs Biddely
- Churchwell et al., [HAN Phase 3 Impact and Process Evaluation Report](#), technical report by Nexant, 2014

# PG&E 2014 trial results

## PG&E 2014 trial results

- IHD users significantly more likely to report taking actions to reduce electricity usage and to use their device to deduce power demand of individual appliances(!)

## PG&E 2014 trial results

- IHD users significantly more likely to report taking actions to reduce electricity usage and to use their device to deduce power demand of individual appliances(!)
- Several users did not trust the disag data.



## PG&E 2014 trial results

- IHD users significantly more likely to report taking actions to reduce electricity usage and to use their device to deduce power demand of individual appliances(!)
- Several users did not trust the disag data.
- IHD more successful in communicating power demand *now*

Bidgely have redesigned their website since these studies

# Conclusions

# Conclusions

- NILM has *many* uses! This talk just considered one use!



# Conclusions

- NILM has *many* uses! This talk just considered one use!
- Available evidence suggests that aggregate feedback is *more effective* than disag feedback

# Conclusions

- NILM has *many* uses! This talk just considered one use!
- Available evidence suggests that aggregate feedback is *more effective* than disag feedback
- But these results confounded by effect of IHD versus website

# Conclusions

- NILM has *many* uses! This talk just considered one use!
- Available evidence suggests that aggregate feedback is *more effective* than disag feedback
- But these results confounded by effect of IHD versus website
- Disag feedback might drive savings of 0.7% - 4.5% in general population

# Conclusions

- NILM has *many* uses! This talk just considered one use!
- Available evidence suggests that aggregate feedback is *more effective* than disag feedback
- But these results confounded by effect of IHD versus website
- Disag feedback might drive savings of 0.7% - 4.5% in general population
- Disag feedback might drive larger savings in 'energy enthusiast' populations



# Conclusions

- NILM has *many* uses! This talk just considered one use!
- Available evidence suggests that aggregate feedback is *more effective* than disag feedback
- But these results confounded by effect of IHD versus website
- Disag feedback might drive savings of 0.7% - 4.5% in general population
- Disag feedback might drive larger savings in 'energy enthusiast' populations
- Fine-grained disag may not be necessary

# Conclusions

- NILM has *many* uses! This talk just considered one use!
- Available evidence suggests that aggregate feedback is *more effective* than disag feedback
- But these results confounded by effect of IHD versus website
- Disag feedback might drive savings of 0.7% - 4.5% in general population
- Disag feedback might drive larger savings in 'energy enthusiast' populations
- Fine-grained disag may not be necessary
- But! Lots of gaps in our knowledge. Cannot robustly falsify any hypotheses yet.

## Suggestions for future studies

## Suggestions for future studies

- Compare aggregate versus disagg (both on an IHD)



## Suggestions for future studies

- Compare aggregate versus disagg (both on an IHD)
- Compare 2 groups:
  1. Aggregate on an IHD
  2. Aggregate (on an IHD) + disagg (on a website)

## Suggestions for future studies

- Compare aggregate versus disagg (both on an IHD)
- Compare 2 groups:
  1. Aggregate on an IHD
  2. Aggregate (on an IHD) + disagg (on a website)
- Compare fine-grained disag versus coarse-grained disag

## Suggestions for future studies

- Compare aggregate versus disagg (both on an IHD)
- Compare 2 groups:
  1. Aggregate on an IHD
  2. Aggregate (on an IHD) + disagg (on a website)
- Compare fine-grained disag versus coarse-grained disag
- If you have data then please consider releasing it; or writing a paper; or collaborating with someone who will write a paper with you!

**Users might become more interested in disag feedback if:**



**Users might become more interested in disag feedback if:**

- Energy prices increase

**Users might become more interested in disag feedback if:**

- Energy prices increase
- Concern about climate change deepens

**Users might become more interested in disag feedback if:**

- Energy prices increase
- Concern about climate change deepens
- Disag accuracy increases or if designers communicate uncertain estimates

## Users might become more interested in disag feedback if:

- Energy prices increase
- Concern about climate change deepens
- Disag accuracy increases or if designers communicate uncertain estimates
- Lots of ideas in the literature about how to improve disag feedback. e.g. disag by *behaviour*; or display feedback near appliances; or provide better recommendations etc.





# Appendix

# PG&E 2014 trial results

## Reported actions taken in response to feedback

Please describe the changes you or others in your household have made	Device Type		Stat. Sig. Diff (90%)?	P-value*
	Gateway	IHD		
Turned off lights not in use	75%	82%	Y	0.03
Turned off office equipment	44%	40%	N	0.26
Turned off entertainment center	32%	31%	N	0.87
Installed a power strip to control "vampire" loads	25%	18%	Y	0.02
Installed compact fluorescent lights (CFLs)	20%	23%	N	0.48
Installed light-emitting diode lights (LEDs)	40%	38%	N	0.62
Bought an energy efficient appliance	15%	18%	N	0.24
Changed the setting on my manual thermostat to use less energy	16%	17%	N	0.57
Re-programmed by programmable thermostat to use less energy	22%	21%	N	0.63
Did fewer loads of laundry	32%	37%	N	0.10
Did fewer loads of dishes	20%	28%	Y	0.01
Only used cold water when doing laundry/dishes	15%	20%	Y	0.08
Other	21%	28%	Y	0.04

\*p-values less than 0.1 indicate that gateway and IHD users' responses are significantly different at the 90% level of confidence.